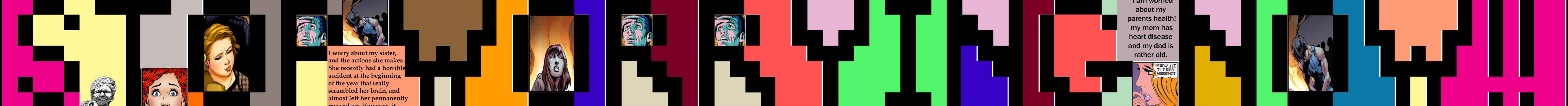


I feel generally happy. I'm a bit discouraged because I haven't been hitting the gym as often as I'd like to get the results I want but in the grand scheme of things it's not everything and happy with what I've still accomplished in the past year with the bad experiences that have occurred. I'm overall quite happy and content, but still looking for new things and experiences to change up my life some as even though I am happy.

I like to yearn for more so things don't grow stale and old.

I currently have worries on the current state of the economy and if it will have a good turn around. If it doesn't as a possible bad outcome, it can lead to further depression and even a World War III. If things do turn around great, then those things can turn around fine. In fear of World War III, that is also another.

The tensions between Israel and the other countries of the middle east not getting along, and Israel pushing buttons, it could cause World War III. Israel knowing US will back them no matter what, would pull us in, and they'd be harassing Iran, which China would back no matter what because they need the oil Iran gives them. That alone causes the rest of the dominoes to fall into an all out world war. Hopefully, that does not happen and everything goes well.



There's plenty of times I'm running late in the morning to work and worry if I have to be there early to set up for a meeting, and usually I make it there in time just fine. There was another time I was panicking cause I woke up super late to get to work, and when I got there, I realized it was a holiday and I didn't have work!

Right now, I am worrying about the upcoming week - finals week. I know if I start on all my work now, I will find a way to get it done. But I cannot seem to find the motivation to start, which just worries me more. It's kind of a Catch 22 situation - start it now and stop worrying, but I can't seem to start now, so I worry more. I know that I HAVE to get it all done, though. . . and no matter what, it will all be over in less than a week.

I worry about my sister, and the actions she makes. She recently had a horrible accident at the beginning of the year that really scrambled her brain, and almost left her permanently messed up. However, it seems like she hasn't learned a thing from the lesson and I just hope she did and it doesn't happen again and worry on that.

When I think about the more distant future, I am worried that I will not find a job. I don't have much past work experience, but I am doing all I can to make myself a more qualified candidate. I am getting my Masters degree & am looking for jobs I can apply for next semester. Will it be enough, though? Fingers crossed it will be! Also, will I be able to find someone to marry? There is so much pressure in the south to get married young, and I, of course, keep moving further south! I feel that I am too young to settle down with someone forever when I am only 22, but I keep seeing little stories pop up on Facebook about people getting engaged / married, and I am scared all the eligible men will be taken when I finally feel ready to find Mr. Right. This one I am leaving up to fate, though. I don't want to pressure myself into finding someone because, as a hopeless romantic, I feel that these things should just happen naturally. I am doing what I can to bring good karma upon myself, but that's all I can do.

Way back in the past, I saw a small spot on my skin which was a little bit pinker than usual! I was worried that I had skin cancer! I made a lot of appointments with several doctors, and all of them had to assure me that it was nothing serious to make me feel better. I've been living with that pink spot for almost 8 years and not even looked at it anymore!

I am worried about my parents health! my mom has heart disease and my dad is rather old.

Right now, in this moment, I feel lots of things. . . I feel stressed about the upcoming week, annoyed that I can't find the motivation to start all my projects, happy that I have the most wonderful puppies (and family back home) to love me even when I am acting insane, excited for all my winter break adventures, and soothed by the song that is playing on my computer. Oh, and a little hungry!

I put off paying my December rent for as long as possible because I was afraid to go to the leasing office. Someone recently called me from the apartment management staff to tell me that they found my recycling in a bin that apparently wasn't for resident use (they knew it was mine because one of the boxes still had the address label on it). They weren't really mean at all when they called, but I still feel so embarrassed when I get reprimanded for even the smallest thing that I was terrified to see the staff again! Luckily, there was

I have worried previously that my mother and step-dad were going to get a divorce when they would fight. It seemed like they're always fighting. I feel a divorce would devastate my mother at this point in her life, so it scared me. Also there was nothing that I could do about it, so that also disappointed me.

Last year I got a bad flu and I had fever for more than a week, after recovery I felt strange numbness and tingling in my feet. I suffered for 2 weeks and I searched in the internet I found out I have the similar symptoms of MS! The more I was searching, the more I found the reasons like fever, irritation and so on I had. I just used painkiller and I was terrified so I did not talk about it to anyone. Eventually I told to my sister and she made me to go to doctor! The doctor said it is just because of stress and give me some pills and told me I have to exercise more. I relieved a little bit later!

A couple of months ago, my and I realized that we had bed bugs in the new apartment we'd moved in. I got so worried and terrified that I had to go out for a walk and cry to calm down! I couldn't sleep for a week and I got sick. one of the veins in my eye popped literally! but it turned out to be not that serious. After they sprayed the apartment, everything went back to normal!

I remember the first time that I was asked to fix a NG tube for a patient (It's a tube which goes from your nose to your stomach). It's a messy procedure and honestly I couldn't remember the steps clearly. The patient was a 80 year-old woman with her obsessive daughters surrounding her and watching me carefully as if I was about to kill their mother. At that moment all I could think was that I wish I had studied better! But, it was night and I was alone and I had to do it sooner. The nurse came and brought the tube and other necessary stuffs. I was about to tell her that I don't know how to do it, that I looked at the package and I realized that the instruction was simply written there. I read it without anyone noticing. Then I gently inserted the tube and surprisingly it went down with no complications. Eventhough I was soaked in sweats and I was praying all the time, it was one of the most glorious moments in my internship! After that, I have inserted more than 10 NGs but I have never seen another tube with instructions! (I consider that a miracle, lol). The next time the patient's daughter saw me and said : " after you left, my mother took out the tube and a male doctor came to insert a tube like the one you had but he couldn't and my mother's nose started to bleed. I guess he wasn't as experienced as you are!! "!

I AM WORRIED ABOUT A PAST-APPROACHING WEEKEND. MY 4 ROOMMATES FROM COLLEGE AND I ARE HAVING A ROOMIE REUNION IN WASHINGTON, DC. AS MUCH AS I AM EXCITED TO SEE EVERYONE, I AM AFRAID THERE WILL BE CONFLICTS AND DRAMA FROM THE PAST WILL RESURFACE. I AM PROBABLY JUST ASSUMING THE WORST, THOUGH - I AM SURE WE WILL HAVE FUN. AND, EVEN IF THERE IS DRAMA, IT WILL BE RESOLVED.

I worry a lot about my love life! I'm afraid I can't find anyone to share my life with.

I feel worried, homesick, sometimes lonely, sometimes independent and also so sad for losing one of my classmates last week.

a lady in the office that didn't really know who I was, so she happily took my rent and so sweetly wished me happy holidays! I walked out the door feeling like, "phew, that went SO much better than I imagined it would."

